

Place	Bib	Name	YoB	Club	Swim	T1	Run	Finish
MCA Full Challenge								
Female Senior								
1.	52	Emma Price-Stephens	1984		30:58	02:04	1:01:08	1:34:10
2.	8	Mrs Laura Cronk	1986		35:08	01:41	58:58	1:35:47
3.	17	Miss Nicola Hartley	1987		35:34	01:46	1:00:01	1:37:21
4.	11	Ms Victoria Doran	1979	SY Tri (Shrewsbury Triathlon)	34:49	01:27	1:01:39	1:37:55
5.	2	Miss Heidi Brice	1996	Torfaen Triathlon Club	30:50	01:33	1:06:38	1:39:01
6.	36	Miss Deborah Phelps	1981		36:08	02:09	1:01:10	1:39:27
7.	46	Ms Amie Vaughan	1982		37:46	01:40	1:00:54	1:40:20
8.	64	Roxy Woodfield	1990		34:16	01:47	1:06:11	1:42:14
9.	29	Dr Paula Low	1978		39:27	02:27	1:03:13	1:45:07
10.	47	Mrs Tinka Veldhuis	1983		37:13	02:56	1:21:11	2:01:20
Female Vet								
1.	27	Mrs Claire Lewis	1971	BFunctional	39:01	02:58	1:05:34	1:47:33
2.	55	Lauri Bowen	1976		40:05	03:05	1:19:25	2:02:35
3.	54	Katherine Colleypriest	1976		40:39	02:31	1:24:38	2:07:48
Male Senior								
1.	35	Mr Michal Ondrej	1986	Darlington Triathlon Club	26:58	00:42	49:49	1:17:29
2.	62	Gethin Parham	1980		30:57	01:03	51:28	1:23:28
3.	60	Andrew Boyd	1980		28:12	01:27	54:45	1:24:24
4.	10	Mr Mike Dixon	1978	Bristol & District Triathletes (Bad Tri)	30:56	01:01	53:01	1:24:58
5.	9	Mr Lawrence Cronk	1986	Team Cranc	31:56	01:31	51:57	1:25:24
6.	32	Mr Scott Morris	1981	Piranha's Tri Club	31:52	01:05	52:48	1:25:45
7.	48	Mr Gavin Windham	1985	Piranha's Tri Club	31:55	01:36	55:34	1:29:05
8.	38	Mr David Riddle	1982		35:33	03:13	1:04:45	1:43:31
9.	66	David Davies	1980		39:59	02:53	1:01:25	1:44:17
10.	53	Mike Smith	1980		37:47	04:05	1:05:19	1:47:11
11.	65	Desmond Jones	1980		45:38	03:10	1:12:45	2:01:33
12.	26	Mr chris lee	1986		39:33	01:52	1:24:42	2:06:07
13.	25	Mr Dominic King	1988		45:13	03:20	1:24:54	2:13:27

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Male Vet								
1.	4	Dr Paul Bruton	1975	NEWT - Newport and East Wales Triathlc	31:00			1:23:16
2.	33	Mr Delme Nash	1976	Piranha's Tri Club	30:34	01:13	53:18	1:25:05
3.	56	Andrew How	1977		34:23	02:03	50:02	1:26:28
4.	3	Mr Paul Brookes	1969	Piranha's Tri Club	32:59	01:15	54:58	1:29:12
5.	12	Mr Brian Elliott	1969	Salisbury Tri	31:33	01:04	57:39	1:30:16
6.	63	Anthony Waddington	1972		33:14	02:34	55:03	1:30:51
7.	5	Mr Damian Caswell	1974	Piranha's Tri Club	37:23	02:05	55:42	1:35:10
8.	28	Mr Richard Lewis	1973	BFunctional	33:57	02:10	1:00:31	1:36:38
9.	6	Mr Garga Chamberlain	1968	Sri Chinmoy Triathlon Club	38:11	02:04	57:04	1:37:19
10.	45	Mr David Underwood	1973		40:14	01:13	56:12	1:37:39
11.	18	Mr Ian Henry	1973		35:44	01:30	1:01:37	1:38:51
12.	57	Mike Matthews	1971		39:25	02:19	57:49	1:39:33
13.	30	Mr Richard Lund	1976		39:23	03:12	58:15	1:40:50
14.	59	Jon Manard			33:35	01:46	1:11:04	1:46:25
15.	39	Mr Clayton Shorthouse	1971	Y Fenni Triathlon	34:11	02:54	1:09:33	1:46:38
16.	61	Scott Howells	1973		38:35	02:08	1:06:15	1:46:58
17.	41	Mr John Skelton	1968	Cheltenham Triathlon Club	50:25	02:27	59:56	1:52:48
18.	7	Mr Thomas Credland	1977		39:34	02:39	1:16:58	1:59:11
19.	22	Mr Mat Jones	1975	Port Talbot Harriers	44:37	01:50	1:19:40	2:06:07
20.	19	Mr Michael Hill	1969	Y Fenni Triathlon	44:32	02:51	1:29:45	2:17:08
Male SVet								
1.	16	Mr Paul Haig	1967		36:38	01:26	56:06	1:34:10
2.	23	Mr Terry Jones	1952	Triathlon Coaching Wales	33:32	01:41	1:10:54	1:46:07
3.	37	Mr Christopher Potter	1964		45:13	03:03	1:03:00	1:51:16
4.	49	Mr Nigel Wotherspoon	1964		35:55	02:22	1:15:41	1:53:58

Place	Bib	Name	YoB	Club	Swim	T1	Run	Finish
MCA Downstream Challenge								
Female Senior								
1.	324	Mrs Rachel Laxton	1979		17:43	02:28	1:05:34	1:25:45
2.	253	Emily Harrison	1980		19:29	02:58	1:06:56	1:29:23
3.	246	Ceri Gooder	1980		16:14	01:46	1:11:45	1:29:45
4.	334	Miss Cat Shelley	1990		15:29	01:45	1:12:41	1:29:55
5.	327	Miss Georgia Marchington	1990		17:54	01:43	1:10:20	1:29:57
6.	301	Miss Harriot Allsop	1989		17:14	02:21	1:13:38	1:33:13
7.	321	Mrs Abigail Jones	1986		20:09	02:21	1:11:28	1:33:58
8.	319	Mrs Bryony Jones	1978		17:29	01:33	1:15:28	1:34:30
9.	252	Natasha Goodson	1987		20:28	01:57	1:28:03	1:50:28
10.	317	Miss Jessica Howells	1987		23:12			1:54:08
Female Vet								
1.	318	Mrs Sarah Johnson	1975		15:22	02:00	1:04:22	1:21:44
2.	255	Ella Harrison Hanley	1970		15:30	01:58	1:09:09	1:26:37
3.	339	Mrs Angela Whitehead	1968		19:55	02:30	1:09:19	1:31:44
4.	338	Miss Valerie Vince	1975		22:12	04:23	1:16:02	1:42:37
Female SVet								
1.	302	Mrs Lisa Bateman	1967		15:40	01:41	1:08:03	1:25:24
2.	311	Mrs Kathryn Haig	1967		20:38	01:51	1:22:09	1:44:38
3.	308	Ms Yvonne Forsey	1958	NEWT - Newport and East Wales Triathlc	21:04	01:33	1:29:54	1:52:31
4.	335	Mrs Deborah Smith	1963	Team Cherwell	17:56	04:07	1:35:53	1:57:56

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Male Senior								
1.	247	Martyn Helliker	1980		14:31	02:28	40:45	57:44
2.	249	Chris Young	1980		15:54	02:27	54:04	1:12:25
3.	248	Andrew Webster	1980		15:26	01:58	58:30	1:15:54
4.	312	Mr Lloyd Harris	1992		15:42	02:05	1:00:50	1:18:37
5.	332	Mr Lee Richards	1983	Piranha's Tri Club	18:00	01:31	1:01:03	1:20:34
6.	331	Mr Jonny Rex	1991		15:10	06:52	59:16	1:21:18
7.	245	Shane James	1980		17:22	01:58	1:05:50	1:25:10
8.	309	Mr Cameron Fortin-Smith	1994	Team Cherwell	14:11	01:26	1:12:39	1:28:16
9.	243	Andrew Barry	1980		21:33	02:38	1:09:54	1:34:05
10.	244	Kristian Sinclair	1980		21:28	02:39	1:09:59	1:34:06
11.	337	Mr Greg Thomas	1985	Piranha's Tri Club	14:17	01:47		
Male Vet								
1.	316	Mr Fraser Howard	1974		15:33	01:44	53:17	1:10:34
2.	325	Mr Ian Macklin	1969		16:00	02:03	56:28	1:14:31
3.	305	Mr John Dilks	1969		19:07	02:25	55:12	1:16:44
4.	310	Mr William Fryer	1969	Warminster Triathletes	18:58	01:19	59:55	1:20:12
5.	251	Andy Smith	1971		16:23	01:45	1:03:06	1:21:14
6.	329	Mr Craig Nash	1974	Piranha's Tri Club	16:33	01:28	1:09:01	1:27:02
7.	314	Mr Edmund Hodder	1975		22:19	02:41	1:06:04	1:31:04
8.	304	Mr Dene Caple	1973	Torfaen Triathlon Club	16:20	02:44	1:16:00	1:35:04
9.	336	Mr Barry Steele	1976		18:20	04:13	1:16:33	1:39:06
10.	315	Mr Dan Howard	1971		17:27	04:17	1:21:05	1:42:49
Male SVet								
1.	306	Mr Andreas Ebert	1963		18:12	02:47	1:01:44	1:22:43
2.	341	Adrian Goss	1950		18:12	01:40	1:07:35	1:27:27
3.	250	Paul Smith	1963		24:00	01:44	1:30:02	1:55:46

Place	Bib	Name	YoB	Club	Swim	T1	Run	Finish
MCA Full Challenge RELAY								
1.	58	J & M Needs & Hurford			36:21	00:30	53:44	1:30:35
2.	92	Mr Mark Simmons			33:26	00:34	1:01:36	1:35:36
3.	90	Dr Sophie Gilbert	1900	Chepstow Harriers	36:22	00:34	1:08:03	1:44:59
4.	93	Mrs Charlotte Taylor		Dursley Running Club	30:25	00:35	1:37:55	2:08:55
MCA Downstream Challenge RELAY								
1.	257	R&G Thomas & Gormley			15:58	00:25	46:22	1:02:45
2.	254	K & A Husgrave			18:52	00:28	46:55	1:06:15
3.	91	Mrs Amy Griffiths		Dursley Running Club	19:52*	00:25	46:06	1:06:23
4.	296	Mrs Gemma Hewitt	1900	Forest of Dean AC	15:21	00:42	1:05:25	1:21:28
5.	256	S&I Skilling			17:21	00:28	1:07:23	1:25:12

*Team was in the Full Challenge Relay but turned at the midway buoy not the far end buoy, hence moved to Dowsntream Relay